GRACE ASSEMBLY OF GOD MCI (P) 126/12/2016

new grace Bulletin

04

Wholeness Testimony Booklet 08

Updates From Our Missionary In Singkawang 16

The Global Leadership Summit



ALPHA
in both
English and
Chinese in
early 2018

At Grace Assembly, we started our first Alpha course in July 2012. For the first few years, the Alpha course was held once a year, however, since 2016, the Alpha course was conducted twice a year, at two separate venues, G1 and G2. Over the years, many had invited Jesus to be their Lord and Saviour, while long time Christians became fired up after the course, lives have been transformed as evident by the numerous testimonies in how they had been impacted by the course. The number of seekers have been increasing over the years, as more Gracians are aware of the relational building Alpha course, and had invited their family members and colleagues to attend.

Over the years, there have been an increasing number of Chinese speaking participants who attended the English Alpha course. Some came with numerous questions teeming in their minds and had gotten their answers from the video teaching. Many had came to know the Lord, however, the participants were not so involved in the discussion due to language barrier. There was also feedback from Gracians, who are concerned over the salvation of their pre believing parents, relatives or even colleagues who could only converse in Chinese, and requested if we could conduct Alpha in Chinese.

With all these in consideration, together with the Chinese ministry, we will be conducting the Alpha course at G1 starting in end February, in both English and Chinese.

What is Alpha course?

Alpha is a 15 session introduction to the Christian faith. It is designed primarily for non church goers and new Christians. It is a simple and effective tool for evangelism that mobilizes lay people to welcome anyone interested to find out more about the Christian faith.

Alpha has it appeal because it is non threatening. It creates an environment where participants are free to speak their minds and still be accepted. This is important considering Alpha's target audience, some of whom may have had unpleasant experiences with Christianity.

The 15 sessions are carried out over 10 weeks (12 weeks in total including introduction and celebration), a participant is free to leave at any time. This frees a person from being coerced into becoming a Christian, and leaves him more receptive to the discussions on Christian life.

The session will be held on Friday evenings and each session begins with a meal. The meal serves to set participants at ease and helps them to get to know each other. After the meal, the participants are invited to a live talk or a video. The participants are then broken into small groups where they listen to one another, discuss and learn more about the Christian faith and life issues. No question is considered too simple or hostile.

In the middle of the course, participants are invited to attend a weekend retreat, Alpha Weekend Away, where they are given the opportunity to have an experience with the Holy Spirit in a guided session. Members of the group usually grow closer after the weekend.

What can I do?

Be intentional, pray and ask the Lord to show you who you can invite for the course. You may want to preempt your guests so they can make plans to keep their Friday evenings free.

You can also serve in this evangelistic ministry as group facilitator, befriender, prayer intercessor, set up, audio/visual or administration.

Keep a look out for upcoming announcement on the recruitment for helpers and the details of the upcoming Alpha. For more enqueries, please email to alpha@graceaog.org.

MARGARET SEAWARD PRAYER CONFERENCE

It was a great privilege to have Rev. Dr. Margaret Seaward to conduct a prayer conference at Grace Assembly. 318 Gracians both from the English & Chinese congregations as well as some from other churches attended the conference. It was a great conference with many impacted by Rev Seaward's powerful teaching on 'Prayer & Intercession' and 'Hearing the voice of God'. Rev. Seaward shared from her heart her many interesting testimonies of her encounters with God. Her life of close intimacy with God is very inspiring. Many were seen tearing at the altar area, obviously touched by the Holy Spirit while some others were slain under the power of God. Through the teaching and ministry at the altar, many were brought back to the father heart of God in intimacy and prayer. The feedback from the conference was very good too with many expressing their wish to have Rev Seaward back to teach at Grace Assembly in the future.





Men's Bible Study

BOOK OF ESTHER

A wise man and a courageous queen for "such a time as this"



What is your purpose? Why are you placed where you are? Do you believe that things can turn around for the better?

The book of Esther is a dramatic story of a courageous queen, a wise man and an arrogant scoundrel! An enthralling story of how God saved His people from those who wanted to destroy them and thwart His eternal purposes and nullify His promises. Whatever the situations, God is always working behind the scenes and his timing is always immaculate.

Study how God blended both character and circumstances in Esther and Mordecai's life to accomplish great things.

Date: 23, 30 Sep; 7, 14, 28 Oct (Sat)

Time: 10:00am -12:00pm

Venue: GI Eden

Register via www.graceaog.org/gdp by 10 September







SEPTEMBER PRAYER POINTERS

Pray for our next generation

Pray that the next generation of believers in our church & nation:

- 1. Are the best and brightest in our land.
- 2. Are a new breed of passionate disciples of Christ, sold out for His cause.
- 3. Are anointed to preach the Good News of the Kingdom.
- 4. Are empowered to go and make disciples of all nations.
- 5. Are a chosen generation of Nation-Builders and World-Changers.

The Wholeness Ministry has received many testimonies from participants who have attended the 'Wholeness Seminar' and experienced powerful breakthroughs in their lives. We praise God for the wonderful work of freedom, and have put together a booklet of testimonies to share with you. This booklet will be available online at http://www.graceaog.oarg/familylifegrace/#rtw

If you feel led by God to attend this Seminar, we welcome your participation at our upcoming seminars in February/March and August 2018. Stay tuned for our next announcement.

A Peep into the Wholeness Ministry Testimony Booklet

Do you constantly love your spouse but only to find that you quarrel, insult and hurt each other? Are there issues in your life that prevent you from experiencing the abundant life that Jesus has promised? Read on to see how God has delivered this sister from her past. When you are free, you are free indeed.

For the past 20 years, my husband and I are always arguing and quarrelling due to our different upbringing, opinions and principles. We didn't know that unconsciously we formed ungodly beliefs of each other and we always thought that "I am right and the other party is wrong." As a result, we opened the doors to negative family patterns and having ungodly soul ties with each other.

We insulted and hurt each other so much so that we hardened our hearts towards each other and we hardly communicated. Thank God for the Wholeness Ministry, we identified each of our own generational patterns and ungodly beliefs.

God has changed both of us by praying for each other (in the past, my husband had never wanted to pray together with me), confessing our sins to each other, and forgiving one another. We are now more united mentally, socially, emotionally & spiritually. We respect each other's opinions and principles and will work out any differences by talking and coming to a compromise.

Imagine being hit by the 3D's –
Depression, Divorce and Death. This
sister was depressed to the extent of
having to be admitted in hospital. If our
God can break this yoke of bondage for
her, He can do it for you if you believe.
Read on to witness this life-changing
miracle.

In 2013, I fell into depression and was hospitalized at the Institute of Mental Health for treatment. I lost interest in living and was suicidal. I was constantly drawn to pick up books or watch YouTube videos on Death. I felt heavily-oppressed in my spirit. I also felt spiritually weak and lethargic even though I was attending church. Death of loved ones and divorce drove me to depression. I was at the end of my road. I cried out to Christ to rescue me. In 2016, the breakthroughs came.

I was on my way to meet an old friend for dinner at Star Vista and I saw an art piece hanging in the middle of a furniture shop, with these lines: "Be still and know that I am God. I will restore you." That evening, I became terribly upset when I reached home, as I was still hurting from my past. The Holy Spirit knew beforehand that I would have an emotional breakdown and reminded me of the verse I saw at the shop that night: "Be still and know that I am God. I will restore you." That brought a lot of comfort to know God cares.

My obsession on the topic of death was gone. I no longer felt 'heavy' and oppressed in my spirit. During the session, Jesus took away my shame and guilt. Love, joy, peace, hope, confidence, security and self-control entered my heart. I no longer feel 'chained'. I feel a new 'freedom' to move forward and pursue a future in my job and in my life. My mind became clear and I seemed to have more energy. I was able to focus on my job better, embrace more activities, became less fearful and was able to solve my problems well. God has healed me at a deeper level where counselling, psychiatric treatment, self-help books and self-talk could not reach me. The yolk of slavery was broken by the power of God. He broke my chains and set me free from my bondage, turned my sorrow into joy, took my burden and gave me rest. I felt alive once again.

The transformation is authentic and lasting.



Are you desperate to see your child saved and accept Jesus?

A mother who has been praying for her adult son shares a powerful testimony of how her son miraculously escaped injury and death and came out scratchfree. He lost control of the car and crashed into a traffic light post only later to receive conviction in his heart.

We experienced God's divine help and intervention in our youngest son's life. He has been rebellious, and backslidden from God. Meanwhile, we have always been praying to God to change him and bring him back into His fold. A situation arose when he was driving home in the morning and somehow he lost control of the car and crashed into a traffic light post. The front bonnet of the car was completely wrecked but God, who is full of love, mercy and compassion preserved my son's life that even the paramedics were utterly surprised when they came and found not a single bruise on him.

I remembered it was a Sunday morning when he woke up around 3am, trembling and crying in fear, and going down on his knees to ask for God's forgiveness. We were happy that he received this revelation and hope this will be a reminder to him to come back to the Lord.

05

Grace Family Life Ministry Library is proud to present the following collection:



SUMMER SNOW

A Message of Hope

The Benson's were always a family of faith, but now that faith has been shaken, they are not sure where God fits into this new reality.

Just as God often answers prayer in unique and unexpected ways, Susan Benson provides comfort and words of wisdom when each family member needs it most, setting her family on a path of healing and hope.

A truly inspirational film that shows how one life can really make a difference.

MIRACLES FROM HEAVEN

Discover The Beauty of Everyday Faith

When Christy searches for a solution to her daughter rare and incurable disease, she befriends Angela Bradford, who helps bring everyday joy and hope back to the Beam family.

Based on real-life events, this intriguing drama recounts the story of young Annabel Beam, who suffers from an incurable digestive disorder. But when a string of miracles leads to her complete recovery, Annabel's family and doctors are mystified. Her family's faith restored and their community inspired.

Uplifting and a must-see for families.



surfer

SOUL SURFER

Perseverance & Strength

Teen surfer Bethany Hamilton, who lost her arm in a shark attack courageously overcame all odds to become a champion again through her sheer determination and unwavering faith.

In the wake of this life-changing event that took her arm and nearly her life, Bethany's feisty determination and steadfast beliefs spur her toward an adventurous comeback that gives her the grit to turn her loss into a gift for others.

Bethany's story exemplifies personal faith, family unity, the guiding influence of a Christian youth-group leader, and the trust of a 13-year-old girl.

An incredible true story of Bethany Hamilton.

Grace Family Library @ G1 is open on every 1st Sunday of the month Grace Family Library @ G2 is open on every 1st and 3rd Sunday of the month



Teen Rebellion: Acting Out or Call For Help?

Speaker: Psychotherapist Carol Goh

When: Saturday, 28th October 2017

Venue: Agape Room at GII
Time: 9:30 am - 12:30 pm

Cost: \$5 (including notes and

a tea-break)





"But as for me and my family, we will serve the LORD." Joshua 24:15

If you need to make counselling appointment, please contact:

Pastor Benjamin Wong 9066-2994

All counselling sessions are strictly private and confidential

Special Shout Out to all teachers, leaders and youth helpers serving in the Children Ministries. Whether you are serving at GI, or GII; at Sparkle, Shine, Special Needs, Lengkok Bahru, or giving tuition to the kids; we want to say a BIG THANK YOU! Thank you for planting seeds in the lives of the preschoolers and children, thank you for nurturing them, and THANK YOU FOR SPENDING TIME WITH THEM even when it's difficult, even when it takes you out of your comfort zone! We thank God for all of you!











"FOR EVERY CONTACT YOU HAVE MADE, THE LOVE OF GOD HAS BEING SHARED. HAPPY TEACHERS' DAY!"

Christ's Ambassadors Fellowship

Hi, Gracians. We, at the Christ's Ambassadors Fellowship, are grateful to God for the various senior pastors from other AG churches that came to minister to us. We were much blessed by their ministry. We are looking forward to Rev Tan Hock Cheng (of Shekinah AG) in Sept and Rev Lindsay Liu (of Faith AG) in Oct. Below are some round-ups of recent and coming events.

Our annual guilty pleasure, the CAF durian party, was another thumbs up event in July. Despite the exorbitant price for durians this year, we managed to get good ones with the cost per person at the same price as last year.

Our mission team of CAF members went to the church in Tanjung Pinang on 12 August to celebrate their tenth anniversary. It is our long-term commitment to the church that is part of the Grace Mission's Riau Island ministry. Every year, at least once a year for the past 10 years, we have gone to minister to the members at the church. We are thankful for the work that God has been doing with the church and the pastor and its growth to their current strength. They have big plans for the future and the CAF will continue to support them in whatever ways we can.

We are looking forward to the CAF retreat for this year in September. The theme is "Expanding your Horizon" and we have Benny Ong (of Life Planning Associates) to talk about how to prepare for financial wellness, physical wellness, social network wellness and spiritual wellness. Benny has a wealth of experience in life planning and has plenty of real life stories to share. So far, the response has been tremendous and we are not the planning and has plenty of real life stories to share.

planning and has plenty of real life stories to share. So far, the response has been tremendous and we are nearing double our original target. The retreat is meant also to be evangelical and do pray with us as we share the importance of having spiritual wellness.



We also have to thank God for his blessing as we plan for this retreat. A brand new hotel with the largest rooms in JB has a promotional offer that is hard to resist. And it is right in the middle of the Forest City development - the huge mega property development in the Iskandar area. The super-sized rooms and 3 full buffet meals with transport is only \$110 (twin sharing).

Join us for our monthly meeting at G2 every last Saturday of the month. We start with free home-cooked dinner at 6.30 pm, prepared by our talented Food and Beverage team. Then the service begins at 7.30 pm on Level 3, Agape room. In the upcoming meeting, we will open for registration for our Chinatown Heritage Tour in October and the Haw Par Villa Adventure in November. Don't miss this opportunity to introduce your friends to our church.







SUNDAY, 8 OCTOBER 2017 8 AM TO 1 PM ORCHID COUNTRY CLUB

Paddle For Life is an annual fund-raising event organised by REACH Community Services Society (RCSS) to support and sustain the programmes and activities of REACH Youth Service.



Come and experience dragon-boating in a swimming pool!



We joined (Paddle for Life) as a cell, and it was a great time of bonding and serving the community!

- Kenny Chng, participant of PFL 2016

For enquiries, please email rcss@reach.org.sg





REACH Youth Service's Dragonboat Programme is one of the main sports engagement programme run by RCSS to help marginalized youths find hope and motivation to optimize the potential in them. It also involves holistic casework and counselling for the youths and their families.

ORGANISED BY





STAPLES





SUPPORTED BY



08

UPDATES FROM OUR MISSIONARY IN SINGKAWANG BY CALEB KHOO AND SU-LIN

New ground was broken in July 2017 when we held the inaugural service of our bilingual Hakka / Mandarin church plant — the first of its kind under the Assemblies of God (AG) umbrella in Singkawang. It is also the first Chinese AG church in the province of West Kalimantan. Singkawang distinguishes itself from the rest of Indonesia in that 70% of the population are Chinese. Most of them are steeped in the traditions of idol and ancestral worship, and a guick glimpse around is all you need to see why Singkawang is also known as the City of a Thousand Temples. With this knowledge, there arise a great urgency to preach the gospel of Jesus Christ among the local Chinese community, and this was our motivation as we pioneered this church.

In the weeks leading up to the commencement of the church, we visited the homes of the local Chinese families in the neighbourhood to get to know them and invite them to attend our service. So far we have around 6 families coming for our services and we are planning more events in the future to reach out to the locals in greater numbers.

The missions ground is here in Singkawang is tough. We know from the Bible, however, that when believers come together with one heart and one mind, by the power of Holy Spirit, God can move in marvellous ways.

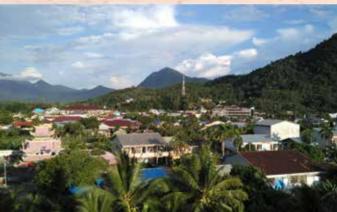
Consider the missionary that started Grace Assembly of God. Do you think he ever imagined that our church would grow from its humble beginnings to such a size? Look at us now! No one can conceive of the great work His almighty hands can achieve if He is the One who wills it into being. We must remember the words of Jesus in Matthew 19:26 — "With man this is impossible, but with God all things are possible.'

We have chosen to press on and undertake this pioneering project of the bilingual Hakka/Mandarin church under the umbrella of Grace Missions because we want to see the gospel reach the ends of the world. Please pray with us as we share the good news of Jesus Christ with the residents of the place we now call home, that we may all come together as one voice to worship the King of kings!











INTERNSHIP WITH GRACE MISSIONS BY GABRIELLE ONG

During my final year in the university, I had a growing desire to embark on a longer term missions trip and toyed with the idea of taking a 'gap year'. In seeking God regarding my impending graduation and what to do after, I was reminded of my childhood desire to be a missionary. Around that time, I attended a Gap4God session and found out about the internship offered by Grace Missions (GM).

The GM internship appealed to me greatly, especially the tail-end field experience in West Kalimantan, Indonesia. I have taken several Bahasa Indonesian language modules in the university and I was working on a project with Indonesian domestic workers at a research think-tank during my school break. I enjoyed that and furthered the project by working on it as my Final Year Honours Thesis. The Indonesia 'outfield' portion of the internship and my growing desire to explore what missions work looks like seemed to point to this internship as a proper 'next step'.

I heard from several friends that parental objection was a big part of their gap year experiences. Yet surprisingly what I received was encouraging support from my family and spiritual leaders. Other signs of affirmation followed and I sensed that

God was nudging me toward taking on the internship. I decided to go for it and I was later accepted for the position.

I have just finished the first phase of my internship where I shadowed pastors, set up a library for the Missions Corner at GII, went for short term mission trips and learned more about GM's key thrusts to plant churches, prepare leaders and propel people. I am now in the second phase of my internship where I will be based in Thailand for a 6-week cross-cultural training program. I will return to Singapore for a fortnight in early October and thereafter set off for Singkawang in West Kalimantan, Indonesia for a 2-month stint.

During this period of internship, I seek your prayer covering. Please pray

- For spiritual covering, overall well-bring and physical protection in my coming in and going out, especially as I am out alone in the mission field.
- For me to walk in deeper intimacy with God and that my eyes will be opened to witness the work that He is doing in me, through me and around me.
- That God will stretch me and help me to adapt, absorb and enjoy as I embark on the stay-in cross-cultural training program.
- For God's anointing to be upon me and that I would be effective help to the ministry Caleb Khoo is doing in Singkawang.
- That God would make straight the path before me and embolden me to follow after Him.

Thanks for upholding me in prayer! God bless you.





Gabrielle Ong is currently an doing her internship with Grace Missions. She is the youngest of three daughters and recently graduated from the National University of Singapore. She serves in the Creative Arts Ministry (CAM) at our Young Adults Young Professional (YAYP) Service.

For more information regarding our internships, you may send an email to matthew. tan@graceaog.org



EVENTS CALENDAR **2017**

DATE	EVENT	VENUE & TIME
	SEPTEMBER	
6 Sep	Lunchtime Fasting & Prayer Meeting	GI Emmaus Hall 12pm
6 Sep – 11 Oct	WOG – Day Bible Study (DBS)	GI L3 Lounge & GII Praise Room 10am
23 – 30 Sep	GDP Class 102: Foundation of Our Faith	GI L3 Cry Room 9.30am
23 – 30 Sep	GDP Class 202: Spiritual Disciplines	GI Eden Hall 9.30am
23 Sep – 28 Oct	Men's Bible Study (MBS)	GI Zion Hall 10am
27 Sep	J333 Prayer Meeting (Combined)	GI Galilee Hall 7.30pm

SEPTEMBER - NOVEMBER

	OCTOBER	
4 Oct	Lunchtime Fasting & Prayer Meeting	GI Emmaus Hall 12pm
7 – 21 Oct	WOG – Saturday Bible Study (SBS)	GI Eden Hall 10am
7 – 28 Oct	Men's Bible Study (MBS)	GI Zion Hall 10am
14 Oct	GDP Class 103: Baptism & 104: Membership	GI L3 Cry Room 9.30am
18 – 19 Oct	Global Leadership Summit	GI L3 Bethel Hall
25 Oct	J333 Prayer Meeting (Combined)	GI Galilee Hall 7.30pm
28 Oct	Grace Party (Combined)	TBC

Event details are subject to changes, please refer to www.graceaog.org for latest info & updates.

NOVEMBER				
1 Nov	Lunchtime Fasting & Prayer Meeting	GI Emmaus Hall 12pm		
18 – 19 Nov	GDP: Encounter Weekend	Orchard Plaza 9am		
24 Nov	Appreciate Night (Combined)	GI Bethel Hall 6pm		
29 Nov	J333 Prayer Meeting (Combined)	GI Galilee Hall 7.30pm		

ACCEPTANCE OF MEMBERSHIP ON 31 JULY 2017

BAPTISED ON 30 JULY 2017

Bel Goh
Garrence Ryck Ng
Genevieve Toh
Karan Kok
Michael Tan
Nissi Goh
Sharon Koh
Tan Li Syn
Tay Hai Yong

TRANSFER ON 31 JULY 2017

Chan Keen Len
Kua Ling
Lim Hui Hoon
Loke Wenjie Abel
Loke Kum Keong Alan
Rebecca Ng Loo Ee
Seeto Lily Rachel
Tan Su Yin Karen
Tsou Chia Ling @Narunart S
Wee Peng Lock



恩典堂家庭事工室外活动一南部山脊步行

"有关系就没关系;没关系就有关系"。这句话是针对职场人际关系上的一种说法。意思是职场上与有关系的人交往就好办事,与没有关系的人交往就有它一定的挑战和张力。

但是,要与人建立关系需要时间和场合。有些人有场合没时间。有些人有时间没场合。有些人有时间,有场合却"没有心"要建立关系。

我们的神是三位一体的神。祂是属一个群体。爱也是神的属性。爱只能在群体中发挥。所以神说,"让我们以我们的形象造人"。神造人其中一个重要的目的就是与祂所造的人有亲密的关系。但是,罪使我们与造我们的神隔离了。我

们与神的关系受到破坏。但是,神却没有放弃我们。祂爱我们,甚至差派了祂的独身儿子耶稣,为我 们钉身流血,让我们藉着祂的死和复活因信可与神和好。修复我们与神的关系。

一个幸福快乐的家不可缺乏的要素也是关系。因为家的起源本来就是源于神。所以,恩典使命家庭教 会,就要藉着恩典家庭事工来强化家庭,完成神托付我们的大使命。

恩典家庭事工所带动的两个月一次的室外动动,目的是为家庭制造一个场合或平台来促进家庭成员的 关系而强化家庭。7月份的南部山脊步行,大概有60位的恩友与他们的家人一同出席。大家在傍晚大 概5点半的时间在园艺园林集合。然后浩浩汤汤按着个人的体能,家人和恩友;一起步行到南部山脊, 恒得申路的吊桥欣赏那里的美景和室外的新鲜空气和氛围。有人情不自禁的拿起他们的手机"自拍"留

念或拍下眼前的美景上"脸书"。有些感恩他们能安然走完大概两公里的路程。我们其中年级最大的应该是恩典二,蔡家妈妈,今年过80的她也走完全程。在那里我们分道扬镳。有人选择继续步行到花伯山,有些相约吃晚餐,有些回家休息。

我也与些恩友们到ABC小贩中心享用了那里的砂锅饭。度过一个有意义的星期天傍晚。希望步行中所消耗卡路里是超越我的晚餐所吃的。但有一点我能肯定的是在身体和心理上,我都有一定的收获。











恩典二

福建堂见证



我是蔡惜香 ,住在恩典二对面的组屋,去年我的邻居黄玉珠姐妹邀请我和我先生参加了几次在大牌417所举办的社区乐龄活动。我们很喜欢那里的许多节目,因为它给我们枯燥的生活增添了许多色彩和乐趣。

去年圣诞节,玉珠姐妹再次邀请我们参加恩典二的圣诞聚会。聚会时我听到牧师说可以向神祷告祈求,我们所祈求的神都会聆听。 我想试试 ,于是就开口祷告:"神啊!我的女儿结婚了几年没有孩子,求祢赐给她孩子,让我能有个孙子圆了我做阿嫲的梦 。"

我的女儿在2012年结婚。夫妻俩都很喜欢孩子,但是结婚三年了,还是没有孩子,而我们也渴望抱孙子。祷告过后大概三个月,有一天,我女儿打电话告诉我她怀孕了,而且怀的是双胞胎。我简直不敢相信,神真的这么爱我,祂听到我的祷告,赏赐我所祈求的。我相信这就是我要寻找的真神,我十分激动,万分的感谢神。

我和我先生带着感恩的心再次踏入教会。福建堂的陈牧师和美莲传道常常探访鼓励我们,非常感谢他们。我们终于决志接受这位真神作为我们一生的救主。我们也参加了福建堂的小组团契,认识了许多有爱心又友善的弟兄姊妹,现在我和先生的感情越来越好,心情也开朗了很多。

期待九月份双胞胎的孙女出世,感恩。



我们的小组

恩典二闽南语事工 GRACE II HOKKIEN MINISTRY







我们的探访







我们的崇拜

一个充满热情和喜乐的崇拜聚会,让人经历神的爱与活泼的大能。装备信徒在生活的各个层面活 出非凡的使命人生。

我们透过恩典小组与探访小组以分享耶稣基督的大爱。我们以服侍社区宣扬主爱,关爱邻里为我们的目标。

我们需要更多对闽南语群体有负担的年轻人加入我们的团队。

闽南语事工欢迎您的加入,并与我们并肩推动神活泼的事工。

We share the Love of Christ through Grace Groups and Visiting Groups. Our aim is to serve the community, spread God's Love and care for our neighbours.

We need more Hokkien speaking young adults to join our team. Let's come together and serve God!



HYPERTENSION

(HIGH BLOOD PRESSURE)

A LEADING CAUSE OF KIDNEY

S FAILURE

Hypertension refers to the condition in which the blood is pumped around the body at too high a pressure.

You're considered to have hypertension if your systolic pressure consistently exceeds 140mmHg, or your diastolic pressure is 90mmHg or more, or both.



SIGNS & SYMPTOMS

Persistent headache Blurred or double vision

Nosebleeds

Shortness of breath









LOWER YOUR RISK

Keep your blood pressure in a healthy range to lower your risk of heart disease and stroke. A healthy lifestyle includes:

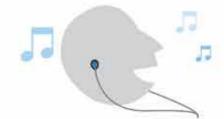
Maintaining a healthy weight Avoiding high salt or saturated fat intake Getting enough physical activity

Managing stress levels









Limiting alcohol consumption

Not smoking





Show your support to our needy kidney patients at bit.do/NKF2017



GRACE SERVICES

GRACEI	SERVICES:	355 Tanglin	Road Singapor	e 247960
ONACLI	JERVICES:	JJJ Tallytli	i Nuau Siliyapui	C 24//00

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Hokkien Service	Galilee	Level 1

SATURDAY 5 PM

Young Adults & Young Professionals		
(YAYP) Service	Bethel	Level 3
Cantonese Service	Galilee	Level 1
Elevate @ R-AGE Youth (15-19 Yrs Old)	Emmaus	Level 3

SUNDAY 9 AM

English Service	Bethel	Level 3
Mandarin Service	Galilee	Level 1
Shine @ Grace Kids (7-10 Yrs Old)	Eden	Level 2
Sparkle @ Grace Kids (3-6 Yrs Old)	Zion	Level 5

SUNDAY 11.15 AM

English Service	Bethel	Level 3
Filipino Service	Galilee	Level 1
Emerge @ R-AGE Youth (11-14 Yrs Old)	Emmaus	Level 3
Shine @ Grace Kids (7-10 Yrs Old)	Eden	Level 2
Sparkle @ Grace Kids (3-6 Yrs Old)	Zion	Level 5

SUNDAY 5 PM

Khush Khabri Fellowship Emmaus Level 3
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GRACE II SERVICES: 1 Bukit Batok West Ave 4 Singapore 659125

SATURDAY 2 PM

Elevate @ R-AGE Youth (14-19 Yrs Old)

SUNDAY 9 AM		
English Service	Chapel	Level 4
Mandarin Service	Sanctuary	Level 2
China (C. Ona a - 1/14 - (7, 10)/a - (14)	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1 10

Chapel

Level 4

Mandarin ServiceSanctuaryLevel 2Shine @ Grace Kids (7-10 Yrs Old)LoveLevel 2Sparkle @ Grace Kids (3-6 Yrs Old)KindnessLevel 4

SUNDAY 11.15 AM

English Service	Sanctuary	Level 2
Hokkien Service	Chapel	Level 4
Emerge @ R-AGE Youth (11-13 Yrs Old)	Agape	Level 3
Shine @ Grace Kids (7-10 Yrs Old)	Love	Level 2
Sparkle @ Grace Kids (3-6 Yrs Old)	Kindness	Level 4

SUNDAY 1.30 PM

Filipino Service	Chapel	Level 4

J333 06, 13, 20 SEP, 7.30 pm @ GI L3 Emmaus Hall & GII L3 Agape Room Combined J333 (English & Chinese) 27 SEP, 7.30 pm @ GI L3 Galilee Hall

GRACE ASSEMBLY OF GOD

Grace I: 355 Tanglin Road Singapore 247960

Office hours: 9am - 6pm (Mon-Fri), 8.30am -1.30pm (Sun)

Grace II: 1 Bukit Batok West Avenue 4 Singapore 659125

Office hours: 8.30am -1.30pm (Sun)

For More Information

CALL +65 6410 0800 | VISIT www.graceaog.org | FACEBOOK US www.facebook.com/graceaogsingapore

GOT TESTIMONIES, SUGGESTIONS, FEEDBACK?

email us at comms@graceaog.org

AmazinGrace

HOLIDAY CAMP



Laser tag

14 - 16 December 2017

Thur/ Fri - 9am - 6pm Sat - 9am - 1pm

1 Bukit Batok West Avenue 4 Singapore 659125

For children 6 - 12 years old
Cost - \$40.00 (Gracekid + 1 prebelieving friend)

Sign up at https://event.graceaog.org/gracekids

Registration opens 16 September 2017



Archery



To find out more, head to http://www.graceaog.org/amazingrace Alternatively you can call 9339 5397 or email gracekids@graceaog.org



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DATE 18 and 19 October 2017

тіме 9.00am to 6.00pm

Presented via videocast, experience this event at:

GRACE ASSEMBLY OF GOD, GRACE I

355 Tanglin Road Singapore 247960

To register as a participant:

WEB www.glssingapore.org or EMAIL info@glssingapore.org

REGISTER TODAY!

Early Bird (register by 30 September 17) Individual S\$170 Group of 4 S\$580

Regular Rates (register after 30 September 17) Individual S\$220 Group of 4 S\$700

To serve with us BE A **VOLUNTEER**

SIGN UP HERE https://event.graceorg.org

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THE GLOBAL LEADERSHIP SUMMIT

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