



Grace Assembly Of God

RESTORED TO WHOLENESS DEVOTIONAL

Scripture: Psa 147:3 Title: Wounded Heart

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Key Principle God desires to heal us and make us whole; not just physically but emotionally. A wounded heart refers to the inner pain and suffering that has wounded one's inner being through ungodly and unfortunate events in life. They are not visible externally, but they are experienced internally.

Key Verse(s) NLT How does it speak to me?

"He heals the brokenhearted and binds up their wounds" I would like to share with you a personal experience I had growing up. My mum loves to play mahjong. When I was 6 years old, my mom would bring my brother and I to her friend's house every day and left us on our own. I always felt abandoned by my mom. There was one day, I really wanted to finish my homework. I pleaded with my mum not to go for her mahjong session, but she ignored my request. So, there was this dramatic scene of me struggling physically with my mother — refusing to let her take me out of the house. It was a long struggle. I was crying my guts out and finally my mum gave up the idea of going. She then scolded me and gave me the cold treatment the whole day. I felt unloved, rejected, and unvalued. I bore resentment towards my mother, all the way into my adult years. Then I came across the Wholeness Ministry. In the ministry session, I felt Jesus comforting me, that He understood the hurt I experienced as a child and assured me that I am precious in His sight. The love of Jesus melted away the hidden pain and hurt. From then on, the resentment towards my mum broke. I was set free. Talk and commit to the Lord any heart wounds that you have hidden deep inside. Ask the Lord to come in and heal your heart.

APPLICATION REFLECTIONS

Adult: Are you living under the shadows of past hurts?
Do you have a wounded heart that you are carrying within you?
How important is healing of the wounded heart to you?

Youth: Do you know what you think and do is very much related to how you feel deep inside?
What do you think you should do to deal with your wounded heart?

Child: Do you remember someone who has hurt you?
Do you want to talk to Jesus about it?

PRAYER

Praying Scripture: Dear heavenly Father, I thank You that You already had a salvation masterplan from Old Testament times to its fulfilment through Jesus Christ. Involve me in Your salvation masterplan to build Your church and to bring Your salvation message to others.

Thanksgiving Prayer: I/We thank You for _____ (e.g. delicious food we ate, places we went, prayer that was answered, etc)

Intercessory Prayer: I/We want to pray for _____ (e.g. healing of sickness, family members, work or study, leaders, nation, etc)

Salvation Prayer: I/We pray for the salvation of my/our unsaved loved ones _____ (add one name per day).
In Jesus' Name I/we pray. Amen.