



Grace Assembly Of God

Chapter-By-Chapter Bible Reading Devotional

Scripture:	Genesis 2	Title:	"Pause and Rest"
Author:	Ps Jadene Ng		
Summary of Chapter:	God rested on the seventh day after the creation of the universe. He had provided the man and the woman with all that they needed in the beautiful Garden of Eden and gave them a mandate to care for it.		
Key Verses (NLT):		How does it speak to me?	
² On the seventh day God had finished his work of creation, so he rested from all his work. ³ And God blessed the seventh day and declared it holy, because it was the day when he rested from all his work of creation.		What do I need to rest from? Anxieties, fear, restlessness, mindless activity, concerns and cares of this world – where self takes over, dominating and shutting out the voice of the Creator God. On my Sabbath day, I choose instead to rest. To rest His way: to delight in His creation, to enjoy the time with my loved ones, to be mindful of His presence and to let Him speak to me.	
APPLICATION QUESTIONS:			
Adult:	How can we truly rest in God's presence on our rest day? What kind of rhythm (a pattern of rest and activity) would you set on Sabbath to create a more restful and rejuvenating atmosphere for yourself and your family? How has this "circuit-breaker" season changed the way you would look at Sabbath?		
Youth:	What might you do differently in your weekend routine to help you draw closer to God?		
Child:	What do you enjoy doing most on Sundays? Why?		
PRAYER:			
Praying Scripture:	Dear heavenly Father, thank you for Sabbath. Thank You that I can rest in You and allow You to speak to me away from the hustle and bustle of life. In this season of uncertainty and enforced pause, help our souls to slow down and savour what is truly important.		
Thanksgiving Prayer:	I/We thank you for _____ (e.g. delicious food they ate, places they went, prayer that is answered, etc)		
Intercessory Prayer:	I/We want to pray for _____ (e.g. healing of sickness, family members, work or study, leaders, nation, etc)		
Salvation Prayer:	I/We pray for the salvation of my/our unsaved loved ones _____ (can add one name per day). In Jesus Name I/we pray. Amen.		